



CareBreaks

Providing a break for caregivers

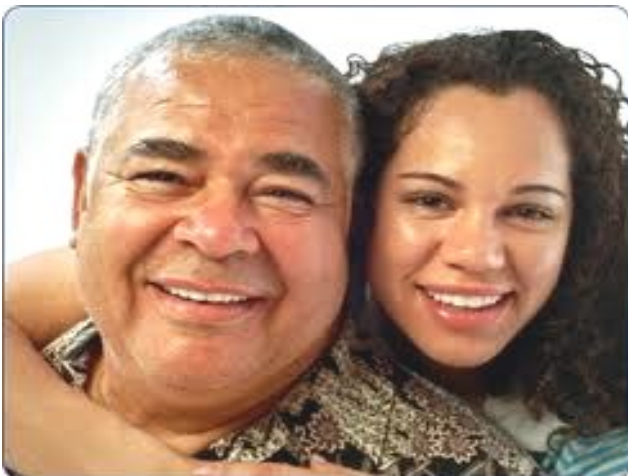
Do you know a caregiver who needs a break? CareBreaks is a cost share program that helps arrange for a short-term break for primary caregivers who care for a friend or loved one. CareBreaks allows the primary caregiver time off to shop, attend to personal business, just rest, even take a vacation.

A break for a caregiver may include bringing a volunteer or paid worker into the home, arranging for your loved one to attend an adult day program, or even placing your loved one in an overnight facility for a short period of time. Occasionally, a supervised nursing student may be available to help.

To qualify for CareBreaks, the care recipient must be:

- ◆ A Rhode Island resident
- ◆ An adult or child who is unable to be safely left alone or who is in need of help for daily living
- ◆ Not eligible for (or have used allocation for) respite care from any other state or federal program

Paid respite care is provided on a cost share basis that is usually determined by the care recipient's income.



**CareBreaks is a program of
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The State Division of Elderly Affairs
United Way 211-The POINT
Rhode Island College's School of Nursing
University of Rhode Island's College of Nursing

Call (401) 421-7833 ext. 212, Monday-Friday, 8:30 am to 4:30 pm or <https://catholicsocialservicesri.org/>