



# First Sunday

*Providing a free  
afternoon of respite  
for caregivers*

The First Sunday Respite program supports caregivers of people with Alzheimer's disease and progressive memory disorders, as well as other disabilities. Caregivers spend a Sunday afternoon away from the rigors of caregiving, while their loved ones enjoy an afternoon of structured activities at one of four current sites. Programs generally are offered on the first Sunday of the month. Reservations are required. Please call for availability.

**First Sunday is coordinated by  
Catholic Services of RI  
401-421-7833 x228.**

**This program is supported by  
grant funding from  
The National Family Caregiver  
Support Program.**

### **Reserve Your Space Today!**

For further information, visit the First Sunday Respite page at [Catholicsocialservicesri.org](http://Catholicsocialservicesri.org) .Or, contact one of four partner sites:

#### **St. Clare–Newport**

309 Spring Street  
Newport, RI 02840  
401-849-3204, ext. 734 or 719.

#### **Hope Alzheimer's Center**

25 Brayton Avenue  
Cranston, RI 02920  
401-946-9220

#### **Adult Day Center of Westerly**

5 Union Street  
Westerly, RI 02891  
401-596-1336

#### **Adult Day Center of Woonsocket**

781 Social Street  
Woonsocket, RI 02895  
401-768-3000